ARP Poisoning Test using Cain & Abel software

1. **Install Cain & Abel**: Download and install Cain & Abel from a trusted source. Make sure your antivirus allows it, as it might be flagged due to its capabilities.
2. **Start the program**: Run Cain & Abel. You’ll see a number of tabs at the top.
3. **Configure**: Go to the ‘Configure’ option in the top menu, select your network interface that is connected to your local network.
4. **Scan MAC addresses**: Go to the ‘Sniffer’ tab, click on the ‘Hosts’ button at the bottom, and then click on the ‘+’ button to scan for hosts in your local network.
5. **ARP Poisoning**: After the scan, go to the ‘ARP’ tab at the bottom. Here, click on the ‘+’ button, select the hosts you want to poison, and click ‘OK’.
6. **Enable poisoning**: Click on the nuclear symbol at the top left to start the poisoning process.